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ÔN TẬP TIẾNG ANH

CHO HỌC SINH LỚP

7



NHÀ XUẤT BẢN HÀ NỘI

LỜI NÓI ĐẦU

Các em học sinh yêu quý!

Từ năm học 2020-2021, các em đã có nhiều lựa chọn các bộ sách để học tập Tiếng Anh cũng như các môn học khác, các em có thể tiếp cận các nguồn học liệu phong phú và đa dạng. Để góp phần hỗ trợ các em ôn tập và tổng hợp kiến thức từng khối lớp và cấp học, nhóm tác giả biên soạn bộ sách **Ôn tập tiếng Anh cho học sinh lớp 6, 7, 8, 9**. Nhóm tác giả đã lựa chọn nguồn học liệu phù hợp từ các bộ tài liệu được Bộ Giáo dục và Đào tạo cho phép, xây dựng theo các chủ đề xuyên suốt qua từng khối lớp, nhằm giúp các em đạt chuẩn năng lực ngôn ngữ Tiếng Anh bậc 2 (A2) khi hoàn thành cấp trung học cơ sở.

Cuốn **Ôn tập Tiếng Anh cho học sinh lớp 7** được thiết kế theo từng đơn vị bài học, mỗi bài có các phần ôn tập về ngữ âm, từ vựng, ngữ pháp, các dạng bài tập đọc hiểu và phát triển kĩ năng viết câu, viết đoạn.

Ngoài việc cung cấp cho các em 12 đơn vị bài ôn tập theo 12 chủ đề, các em còn có thể thử sức mình với các bài kiểm tra giữa kì, định kì của năm học; giúp các em tự tổng kết kiến thức, đánh giá khả năng của mình sau mỗi bài học.

Từ kinh nghiệm thực tế giảng dạy, nhóm tác giả, những giáo viên tâm huyết, đã nỗ lực công sức để đưa vào cuốn **Ôn tập Tiếng Anh cho học sinh lớp 7** những kiến thức trọng tâm nhất. Hi vọng cuốn sách sẽ giúp cho các em học sinh trong cả nước nói chung và học sinh Hà Nội nói riêng có thêm nguồn tư liệu phù hợp với cấp học, giúp các em ôn tập chắc kiến thức để tiếp nối cho các năm học sau.

Nhóm tác giả luôn trân trọng những ý kiến đóng góp và phản hồi từ giáo viên và học sinh trên mọi miền gần xa để có thể có những tái bản phù hợp nhất, phục vụ tốt nhất cho bạn đọc.

TM. Nhóm tác giả

Chủ biên

Lê Hoàng An

UNIT 1

HOBBIES

PART I - PHONETICS

(1-6) Choose the best option A, B, C or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Example:

- | | | | |
|--------------------------|----------------------|----------------------|---------------------|
| 0. A. smart | B. <u>a</u> rt | C. class | D. <u>h</u> at |
| 1. A. grand <u>m</u> a | B. y <u>o</u> ga | C. f <u>a</u> ther | D. b <u>a</u> lm |
| 2. A. c <u>a</u> rdboard | B. g <u>a</u> rden | C. p <u>o</u> pular | D. h <u>a</u> rd |
| 3. A. j <u>o</u> gging | B. b <u>e</u> long | C. m <u>o</u> del | D. c <u>o</u> rrect |
| 4. A. w <u>o</u> rm | B. c <u>o</u> mfort | C. d <u>i</u> rector | D. O <u>x</u> ford |
| 5. A. n <u>u</u> rse | B. Th <u>u</u> rsday | C. s <u>u</u> rfer | D. s <u>u</u> rvice |
| 6. A. l <u>e</u> arn | B. f <u>e</u> ar | C. h <u>e</u> ar | D. n <u>e</u> ar |

(7-12) Choose the best option A, B, C or D to indicate the word whose stress pattern differs from the other three in each of the following questions.

Example:

- | | | | |
|-------------------|------------|--------------------|--------------|
| 0. A. garden | B. flower | C. <u>b</u> etween | D. bedroom |
| 7. A. dollhouse | B. insect | C. amaze | D. usual |
| 8. A. model | B. patient | C. music | D. respond |
| 9. A. mature | B. usual | C. value | D. yoga |
| 10. A. common | B. amuse | C. lesson | D. bookshelf |
| 11. A. paintbrush | B. collect | C. patient | D. talent |
| 12. A. enjoy | B. hobby | C. fancy | D. happen |

PART II - VOCABULARY AND GRAMMAR

(13-19) Choose the best option A, B, C or D to indicate the correct answer to each of the following questions.

13. Janes enjoys _____ teddy bears. She has many different ones in her bedroom.
A. to collect B. collecting C. to do D. doing
14. My brother hates _____ indoor activities. He really likes running in the park.
A. to do B. making C. doing D. to make
15. Only one student in our class _____ swimming at weekends.
A. does B. goes C. makes D. plays
16. Mary's little daughter spends a lot of time _____ her dolls' clothes.
A. changing B. to change C. changes D. change

17. Our cookery class _____ at 8 p.m. on Saturdays.
A. finished B. finishes C. finish D. is finishing
18. His mother _____ yoga every day.
A. did B. do C. does D. is doing
19. The train for Da Nang _____ at 11 p.m. We can meet in front of the station at 10 p.m.
A. is leaving B. leave C. left D. leaves
- (20-26) Complete the following passage by filling the gaps with the suitable words from the box. There is ONE extra word.

help of is creatively with there a like

It is said that having (20) _____ hobby helps us handle work-life stress and think (21) _____. If you have a hobby, you can show an employer that you have passions and drive. In fact, it (22) _____ a question which job candidates are often asked. One (23) _____ the reasons is that having a hobby outside of work could help you perform better from 9 a.m. to 5 p.m. A study shows that (24) _____ are marked differences between those who engage in creative hobbies and those who do not. Moreover, having a creative hobby is associated with positive work-related traits. (25) _____ creativity on projects and a better attitude on jobs. Other research shows that employees with hobbies are more satisfied (26) _____ their jobs and have a lower likelihood of burning out.

(27-33) Choose the best option A, B, C or D to indicate the underlined part that needs correction in each of the following questions.

27. My brother enjoys (A) to decorate (B) his room (C) with his own (D) paintings.
28. Peter (A) is interested (B) on (C) painting (D) at the weekend.
29. Parents (A) want their children (B) taking part (C) in outdoor activities (D) to keep fit.
30. He usually (A) run two kilometres (B) around (C) the lake (D) close to his house.
31. (A) The plane (B) is leaving Ha Noi (C) for Ho Chi Minh City (D) at 8 a.m.
32. Our sons (A) play usually basketball (B) with (C) their classmates (D) on Monday afternoons.
33. There (A) is a few days (B) for them (C) to practise before (D) the competition.

PART III - READING

(34-39) Read the following passage and decide whether the statements are true (T) or false (F).

Team sports are about more than their physical benefits. A state of relaxation from team sports promotes strong concentration, good memory, creativity, effective problem-solving, and a good mood – all benefits which extend in the class. Team sports also foster mentorship between older and younger players. Both of them can support each other to grow.

Besides, team sports are an excellent source of soft skills development. Communication skills, both spoken and unspoken, are key in maintaining a functioning sports team. Take listening to and picking up on non-verbal cues given by players, for example. As a result, the communication skills will help them succeed in their academic endeavors. What's more, sports plays happen fast, so players develop skills to make effective quick decisions under high pressure situations. Finally, teamwork is all about collaborating with others to reach a common goal. The diverse pairing of personalities and scenarios will help players become adaptable, persistent, and patient. Team sports also teach a sense of group and individual responsibility. Being in a team with a dozen or more of their peers is an excellent way to recognise the individual talents each person brings to the table.

Statements	T	F
34. Team sports only bring about physical benefits.		
35. A state of relaxation from team sports helps students concentrate in the class.		
36. Not only the younger but also the older are able to grow in the supportive environment.		
37. Non-verbal communication skills don't play an important part in maintaining a functioning sports team.		
38. Players in a team sport can't make up their minds fast under pressure.		
39. Team sports teach players to be responsible.		

(40-45) Read the following passage and choose the best option A, B or C to indicate the correct answer to each of the questions.

The World of Parkour

After George Hebert experienced how people travelled around obstacles to survive from natural disasters, he developed a training discipline called 'the natural method' in which climbing, jumping and running techniques were used to negotiate obstacles.

First, George Hebert's method was adopted by the French military and became the basis for all their training. Raymond Belle was a practitioner of parkour in Viet Nam in the 1950s. His great athletic ability, skills and agility he had learnt through parkour earned him a reputation as an agile and elite soldier. In later life, he returned to France and passed on his skills to his son, David, who combined what he had learnt from his father with his own knowledge of martial arts and gymnastics, and in time, the sport of parkour was born. Parkour involves a range of 'moves', although none are official.

From the late 1990s, the art and sport of parkour spread worldwide. In 2003, a filmmaker, named Mike Christie, made the film Jump London, and urban freerunning, or freeflow, began to dominate the London scene. Until YouTube appeared in 2005, it really brought freerunning to a global audience. Videos posted online made freerunning a mainstream sport.

In 2007, people went to Vienna to take part in the first world parkour competition. There are few facilities such as parks, offices, and abandoned buildings. Traceurs practise in both rural and urban areas.

40. **George Hebert developed parkour because _____.**
 A. he saw people doing it for fun
 B. he experienced how it could save lives
 C. he knew that the French were poor at negotiating obstacles
41. **The natural method _____.**
 A. was newly created by Raymond Belle
 B. was taught to Hebert by native people
 C. was widely practised by the French military
42. **What makes parkour and freerunning popular internationally?**
 A. A TV channel.
 B. A British TV programme.
 C. A website sharing videos.
43. **_____ to do parkour and freerunning.**
 A. Practitioners don't need much equipment
 B. Practitioners rely on their mental health
 C. Practitioners avoid taking risks
44. **A traceur is _____.**
 A. a move of parkour
 B. a person practising parkour
 C. an obstacle a person challenges
45. **Where do practitioners NOT do parkour or freerunning?**
 A. In cities.
 B. In well-equipped areas.
 C. In parks.

PART IV - WRITING

(46-50) Make up sentences using the suggested words and phrases.

46. Jenny/ be/ keen/ listen/ K-pop music.

47. Nowadays/ many/ parent/ not/ spend/ enough/ time/ children.

48. What/ time/ shop/ close/ Sundays?

49. He/ often/ play/ volleyball/ beach.

50. They/ not/ enjoy/ watch/ football/ match/ Viet Nam/ Thailand/ home.

(51-55) Choose A or B to indicate the correct sentence.

51. A. The car is belonging to my father.
 B. The car belongs to my father.
52. A. He doesn't get enjoyment from doing chores.
 B. He doesn't get enjoyment to do chores.
53. A. They don't have enough money for a long holiday this year.
 B. They are not having enough money for a long holiday this year.
54. A. Megan is going to school on weekdays.
 B. Megan goes to school on weekends.
55. A. Our homeroom teacher looks smart.
 B. Our homeroom teacher is looking smart.

(56-60) Complete Phong's letter to Lily about his new hobbies, using the prompts.

19 Huong Vien Str, Ha Noi
 May 30th, 20...
 Hi Lily,
 How/ everything?
 I/ write/ tell/ you/ new/ hobbies.
 I/ take up/ swimming/ running/ morning.
 Other/ students/ class/ join/ us/ sometimes/ when/ they/ have/ time.
 We/ run/ through/ wood/ swim/ lake.
 It/ take/ hour/ finish/ morning/ activity/ come back/ home/ breakfast.
 Although/ it/ not/ expensive/ buy/ swimsuit/ running shoes/ I/ need/
 get into/ daily exercise routine.
 You/ know/ I/ not/ like/ get up/ early/ so/ it/ difficult/ change/ habit.
 It/ exciting/ achieve/ new/ goal.
 Can/ you/ tell/ me/ your/ new hobbies/ if/ you/ have?
 I'm looking forward to hearing from you soon.
 Love,
 Phong

UNIT 2

HEALTHY LIVING

PART I - PHONETICS

(1-6) Choose the best option A, B, C or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Example:

- | | | | |
|---------------|-------------|---------------|----------------|
| 0. A. smart | B. art | C. class | D. <u>h</u> at |
| 1. A. health | B. suncream | C. breakfast | D. weather |
| 2. A. pimple | B. lip | C. skin | D. virus |
| 3. A. disease | B. exercise | C. horse | D. reason |
| 4. A. acne | B. balm | C. active | D. habit |
| 5. A. without | B. healthy | C. everything | D. mouth |
| 6. A. tofu | B. protein | C. control | D. model |

(7-12) Choose the best option A, B, C or D to indicate the word whose stress pattern differs from the other three in each of the following questions.

Example:

- | | | | |
|------------------|-------------|--------------------|--------------|
| 0. A. garden | B. flower | C. <u>b</u> etween | D. bedroom |
| 7. A. diet | B. habit | C. sunburn | D. shampoo |
| 8. A. cheesecake | B. menu | C. disease | D. problem |
| 9. A. enjoy | B. affect | C. prepare | D. open |
| 10. A. follow | B. discuss | C. provide | D. avoid |
| 11. A. vitamin | B. exercise | C. condition | D. energy |
| 12. A. popular | B. lemonade | C. regular | D. vegetable |

PART II - VOCABULARY AND GRAMMAR

(13-19) Choose the best option A, B, C or D to indicate the correct answer to each of the following questions.

13. Avocados _____ a higher percentage of protein than other fruits.
A. do B. have C. are D. make
14. Eating more fruits and vegetables can also help you avoid _____.
A. acne B. eyesore C. sunburn D. headache
15. _____ provide your body with different vitamins and minerals.
A. Soft drinks B. Healthy diet C. Fruit juice D. Coloured vegetables

16. Lack of sleep _____ our physical and mental health.
A. causes B. affects C. gets D. avoids

17. Remember to use a good _____ if you have chapped lips in the winter.
A. sunscreen B. lipstick C. soap D. lip balm

18. A: I usually eat salmon, tuna and other oily fish.
B: _____

- A. I hear that it's especially good for your eye health.
B. You will be overweight, I think.
C. I think you shouldn't skip your breakfast.
D. You can bring a lunch box to school.

19. A: I have red spots on my face.
B: _____

- A. You shouldn't read in dim light.
B. You must go jogging in the park.
C. You shouldn't touch your face with dirty hands.
D. You must stay at home all day.

(20-26) Complete the following dialogue by filling the gaps with the suitable words from the box. There is ONE extra word.

balance change jogging better exercise balanced health take

Duong: Hi, Chau. You look tired. Are you feeling okay?

Chau: I'm not fine, I'm afraid. I don't want to do anything.

Duong: What's wrong, Chau? Do you intend to stay at home all the weekend?

Chau: Well, maybe.

Duong: It seems that you don't (20) _____ regular physical exercise.

Chau: Yes, you're right. I usually get up late and I don't have enough time to (21) _____. Sometimes I also skip my breakfast.

Duong: You should (22) _____ these bad habits, Chau. Try to spend time doing exercise and having a (23) _____ diet.

Chau: I also read some (24) _____ tips on the Internet but I find it hard to follow them.

Duong: Don't give up. Get started with small steps each day, then you will feel (25) _____. And would you like to go (26) _____ around Hoan Kiem Lake with us tomorrow morning?

Chau: Thanks, Duong. I will set my alarm clock. I won't be late.

(27-33) Choose the best option A, B, C or D to indicate the underlined part that needs correction in each of the following questions.

27. The teacher (A) gave us (B) some useful (C) advices about (D) healthy habits.

28. (A) Most of children (B) love fast (C) food and soft (D) drinks.

29. (A) On my way to school, I (B) often see many people, both young and old, (C) are doing exercise (D) around the lake.

30. Stop (A) eating too many (B) potato chips if you (C) don't want to put (D) in weight.
31. Although I go (A) outside quite (B) often, I (C) usually don't use (D) any sunscreen.
32. Bring (A) along your hat. (B) The sun's rays (C) can be very harmful (D) for your skin.
33. (A) Eating too (B) many (C) sweetened food is not good for (D) your health.

PART III - READING

(34-39) Read the following passage and decide whether the statements are true (T) or false (F).

Flu is an illness caused by flu viruses. It may cause a fever, coughing, body aches and other symptoms. Flu viruses can easily spread through the air via coughs and sneezes. You can also catch the flu if you touch a surface or an object that has the virus on it and then touch your mouth or nose. According to the World Health Organization (WHO), approximately 290,000 to 650,000 people die because of the flu each year.

During the coronavirus pandemic, experts found that wearing masks can help prevent the spread of germs. They recommend that we should wear a mask to cover our nose and mouth in public. Additionally, health experts also advise that everyone 6 months of age and older should get a seasonal flu vaccine each year. If you get the flu vaccine, it will protect you from getting sick from flu. Flu vaccination may make your illness milder if you do get sick as well.

Statements	T	F
34. You may catch the flu if you come near an infected person who sneezes or coughs.		
35. It is impossible for the flu viruses to transmit through the touching of surfaces.		
36. According to the World Health Organization, thousands of people are killed by the flu each year.		
37. Experts found that face masks cannot slow the spread of the coronavirus.		
38. Health experts recommend that we should get the flu vaccine every 6 months.		
39. With flu vaccination, you may experience milder symptoms if you catch the flu.		

(40-45) Read the following passage and choose the best option A, B, C or D to fill in each gap.

There are some foods and drinks that are harmful to eat or they are not considered to be as healthy choices as (40) _____ foods. Therefore, it is necessary for us to pay attention to the food we eat if we want to be healthy.

Firstly, we should cut (41) _____ on fast food and junk food like chips, pies, burgers, and fried food. Fast food is unhealthy because it contains too much salt and too many calories. Eating fast food regularly may lead to long-term health (42) _____ such as obesity and insulin resistance. Secondly, we should try to (43) _____ our intake of cookies, cakes, candy and chocolate, which often have a lot of sugar and unhealthy fat. Thirdly, too many sugary drinks can lead to (44) _____ weight gain, obesity and tooth decay. These include fruit drinks, flavoured mineral water and soft drinks. Finally, we should reduce the consumption of any drinks with caffeine such as coffee, tea and energy drinks. Too (45) _____ caffeine can cause sleeplessness as well as attention problems at school or work.

40. A. other B. others C. another D. the others
41. A. off B. up C. down D. in
42. A. diseases B. problems C. events D. systems
43. A. cut B. cancel C. prevent D. limit
44. A. healthful B. healthy C. unhealthy D. unhealthily
45. A. many B. little C. much D. a lot

PART IV - WRITING

(46-50) Complete the second sentence so that it has the same meaning as the sentence before it, beginning with the words given.

46. It takes my mother an hour to do yoga every day.
My mother spends _____.
47. Eating too much of anything is bad.
It's bad _____.
48. It's necessary for you to drink lots of water during the day.
You need _____.
49. Sweetened drinks can cause many health problems.
Sweetened drinks can _____.
50. Judy has a habit of playing badminton with her classmates after school.
Judy is in the _____.

(51-55) Choose A or B to indicate the correct sentence.

51. A. Linh advised me to eat more fruit and vegetables, and fewer fast food.
B. Linh advised me to eat more fruit and vegetables, and less fast food.
52. A. Keeping your face clean is an effective way to prevent acne.
B. Keeping your face's clean is an effective way to prevent acne.
53. A. The vitamins and minerals in soy milk can provide important health benefits.
B. The vitamins and minerals in soy milk can provide important healthy benefits.
54. A. Poor nutrition can affect to your health in many ways.
B. Poor nutrition can affect your health in many ways.