

Lưu ý:

- Ghi đầy đủ các mục, giữ phiếu phẳng.
- Bôi đen đáp án tương ứng với số câu trong đề.
- Bài kiểm tra được chấm bằng máy, học sinh tô đậm, vừa khít với ô tròn giới hạn. TUYỆT ĐỐI không được sửa chữa đáp án.

ĐIỂM

GIÁM KHẢO

(Ghi rõ tên)

PHIẾU TRẢ LỜI TRẮC NGHIỆM

Họ và tên:.....

Ngày sinh:.....Lớp:.....

Phòng thi:.....Số thứ tự:.....

MÃ ĐỀ
501

SỐ BÁO DANH

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MÃ ĐỀ

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0	0	0	0	0	0
1	1	1	1	1	1
2	2	2	2	2	2
3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
9	9	9	9	9	9

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

TÔ KÍN SỐ BÁO DANH VÀ MÃ ĐỀ

■ A B C D

1	(A)	(B)	(C)	(D)
2	(A)	(B)	(C)	(D)
3	(A)	(B)	(C)	(D)
4	(A)	(B)	(C)	(D)
5	(A)	(B)	(C)	(D)
6	(A)	(B)	(C)	(D)
7	(A)	(B)	(C)	(D)
8	(A)	(B)	(C)	(D)
9	(A)	(B)	(C)	(D)
10	(A)	(B)	(C)	(D)

■ A B C D

11	(A)	(B)	(C)	(D)
12	(A)	(B)	(C)	(D)
13	(A)	(B)	(C)	(D)
14	(A)	(B)	(C)	(D)
15	(A)	(B)	(C)	(D)
16	(A)	(B)	(C)	(D)
17	(A)	(B)	(C)	(D)
18	(A)	(B)	(C)	(D)
19	(A)	(B)	(C)	(D)
20	(A)	(B)	(C)	(D)

■ A B C D

21	(A)	(B)	(C)	(D)
22	(A)	(B)	(C)	(D)
23	(A)	(B)	(C)	(D)
24	(A)	(B)	(C)	(D)
25	(A)	(B)	(C)	(D)

■ A B C D

Giám thị coi thi
(Ghi rõ tên)

I. PHẦN TRẮC NGHIỆM

Mark the letter A, B, C, or D on your answer sheet to indicate the word those underlined part differs from the other three in pronunciation in the following question.

Question 1: A. received B. bribed C. manned D. launched

Read the passage and then mark the letter A, B, C, or D on your answer sheet to indicate the answers for the following questions.

Most people know that a balanced diet and regular exercise are very important. However, most people do not know how to exercise properly. Exercising the right way is important for people who are worried about their health and their appearance. However, if someone is not working out properly, it is rare that he or she will see the results he or she wants. If you want to achieve the best workout results, here are a few helpful tips to bear in mind.

One of the most common workout mistakes is doing the same routine over and over again. This does not challenge your muscles, and it can actually prevent muscles from growing and repairing themselves. Instead of always sticking to the same old workout, it is important to change your routine every six to eight weeks. It is also important to add a variety of workouts to your routine, such as swimming, yoga, or biking, to make sure your whole body stays fit.

Another mistake people tend to make is to work out too hard, too often. Your body needs to rest between workouts; otherwise, no progress will be made. It is best to keep the number of hard workout routines to no more than two per week. Then, for those who don't want to get off schedule by skipping a day, shorter workouts of about twenty minutes can be used on other days. For more variety in workouts, you could also plan an easier routine for forty to sixty minutes between days of shorter, more intense workouts. Experts recommend, however, taking at least one day off completely each week, especially after several hard workout days in a row. If you want to make a difference in your overall health, there are some things you can do. Stretch before and after every workout. Do not rush your routine, and do not work out too little or too much.

Question 2: What is the main idea of this reading?

- A. Most people know how to work out effectively.
- B. Adding a variety of workouts to your routine is not important.
- C. Daily exercise can often be bad for your health.
- D. Working out properly is the only way to gain effective health results.

Question 3: Which of the following statements is NOT correct?

- A. A variety of exercise is better than doing the same one all the time.
- B. One's body needs to rest between workouts.
- C. Daily intense workouts help one stay healthy.
- D. It can be good to take a day off from exercising.

Question 4: Which word is closest in meaning to the word "Stretch" in this reading?

- A. make tight B. widen C. extend or reach D. exaggerate

Question 5: The word "This" in the passage refers to:

- A. change B. mistake C. challenge D. body

Question 6: Why should you change your workout routine every six to eight weeks?

- A. To exercise your brain B. To challenge your muscles
- C. To avoid bone problems D. To become faster

Mark the letter A, B, C, on your answer sheet to indicate the sentence that best combines each pair of sentences in the following questions.

Question 7: Tim drinks too much alcohol every day. Therefore, he is hospitalized for treatment

- A. If Tim didn't drink too much alcohol every day, he wouldn't be hospitalized for treatment
- B. If Tim doesn't drink too much alcohol every day, he won't be hospitalized for treatment
- C. If Tim drunk too much alcohol every day, he wouldn't be hospitalized for treatment
- D. If Tim drink too much alcohol every day, he will be hospitalized for treatment

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 8: We _____ the housework all morning, but it has not finished yet.

- A. has been doing B. have been doing C. had done D. have done

Question 9: If the temperature _____ below zero, water freezes.

- A. falls B. fall C. fell D. to fall

Question 10: Located about 60 km southwest of Seoul, this eco city has been planned around a central park and designed so that every resident can walk to work in the business_____.

- A. district B. location C. organisation D. area

Question 11: Sugar-free foods can be helpful if you _____diabetes

- A. had B. having C. has D. have

Question 12: Although it's impossible to control all the factors involving your skin, you can take measures to reduce the problem with the anti-glare _____at home.

- A. treating B. treated C. treats D. treatment

Question 13: I don't think the cities of tomorrow also need to consider the availability of open space, _____?

- A. don't they B. do I C. do they D. don't I

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 14: Tourists can do and see a lot in Ha Long Bay at a reasonable price.

- A. affordable B. inexpensive C. cheap D. expensive

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the sentence given in each of the following questions.

Question 15: The students who left school early yesterday have to explain their reason to the teacher.

- A. The students leaving school early yesterday explained their reason to the teacher.
B. The students leaving a school early yesterday must explain their reason to the teacher.
C. The students leaving school early yesterday have to explain their reason to the teacher.
D. The students left school early yesterday have to explain their reason to the teacher.

Question 16: If Brain doesn't train harder, I won't select him for the team" said the manager.

- A. The manager said that If Brain doesn't train harder, she won't select him for the team
B. The manager said that If Brain didn't train harder, she wouldn't select him for the team
C. The manager said that If Brain didn't train harder, she would select him for the team
D. The manager said that If Brain would train harder, she selected him for the team.

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 17: As visitors explore this magnificent place, there are always new surprises for them.

- A. impressive B. unusual C. interesting D. strange

Mark the letter A, B, C, or D on your answer sheet to indicate the word which differs from the other three in the position of the main stress in the following question.

Question 18: A. difficulty B. miserable C. pleasant D. inversion

Mark the letter A, B, C, on your answer sheet to indicate the underlined word or phrase which need correcting.

Question 19: Local authorities should find ways to limitation the use of private cars and encourage city dwellers to use public transport.

- A. Local B. use C. to D. limitation

Question 20: Nothing is serious in the process of building our smart city, will it?

- A. of B. process C. serious D. will it

Mark the letter A, B, C, or D on your answer sheet to indicate the right missing word to fill in the blank.

Now is the year 2060. Barbara is an engineer (21) _____ for Hi-tech Operation Centre of Superstar City. Her job is to detect and analyse any (22) _____ to public safety such as floods, earthquakes, and even pollution. Thanks to various sensors installed in every home and public place, Barbara's centre can predict probable disasters, identify their locations and send a rescue team to help the people in danger. If warnings and assistance are given in good time, people's lives are well protected.

Barbara's husband, Mark, is working for Eco Infrastructure Network, whose main function is to deal with urban (23) _____ problems to make Superstar City greener, cleaner and more sustainable. Mark and his colleagues are city planners. They design and carry out projects aiming to reduce fossil fuel consumption, find renewable fuels for public transport, and promote other clean air efforts. Thanks to these projects, city dwellers mainly use wind and sun energy for cooking, lighting and heating their homes. To ensure there is no (24) _____ of fresh water, wastewater is treated and turned into drinking water. These projects have proved to be very effective in dealing with global climate change, which was considered an insoluble problem in the first thirty years of this century.

Like most Superstar City dwellers, Barbara and Mark are quite happy with their life and work. They have to work only four days a week, four hours a day. Everybody has more time for study, entertainment and (25)..... This safe, environmentally friendly city is like a paradise for its inhabitants who can enjoy the highest quality of life.

- Question 21: A. working B. work C. worked D. to work
 Question 22: A. dangerous B. warned C. threats D. threatens
 Question 23: A. social B. educational C. pollutants D. environmental
 Question 24: A. shortage B. pollution C. abundance D. climate
 Question 25: A. relaxation B. relaxation C. relaxing D. relax

PHẦN II: TỰ LUẬN

Put the verbs into correct form

Question 1: Peter usually (cycle) on Sunday if the weather is not rainy.

→

Question 2: If she (pass) this exam, she'll go to the university next summer.

→

Question 3: We are having dinner when my father (come).

→

Question 4: I was ordered not (smoke) to recover from illness.

→

Question 5: He accused me of (take) some of his money.

→

Question 6: My mother said that if she knew the problem, she (solve) it.

→

Rewrite the second sentence so that it has a similar meaning to the first one.

Question 7: People who have arrived late will not be allowed to enter (reduced relative clause)

⇒ People.....

Question 8: "I will become a teacher in the future" My sister said.

⇒ My sister said

Question 9: Work hard or you will be dismissed.

⇒ If.....

Question 10: Anna asked her brother "What are you going to do tomorrow?"

⇒ Anna asked.....

Find and correct the mistake in each sentence

Question 11-12: Nothing went wrong (A) while I was (B) gone, didn't (C) it (D)?

.....

Question 13-14: This is the (A) last (B) chance buying (C) this book in (D) May.

.....

Put the words into the correct forms

Question 15: Be _____ for overcrowded streets and shopping malls when you visit big cities like Hong Kong and Beijing. (PREPARE) →

Question 16: In order to avoid bad eating habits, you'll have to replace unhealthy fat with more _____ food (NUTRITION) →

Listen to the conversation and decide whether the following statements are true (T) or false (F)

		T	F
Question 17:	The more exercise you do, the healthier you become.		
Question 18:	Over-exercising can be harmless to the body's muscles, joints and heart.		
Question 19:	People may become addicted to high-intensity physical activity.		
Question 20:	You should consult with an instructor after starting a new exercise programme.		